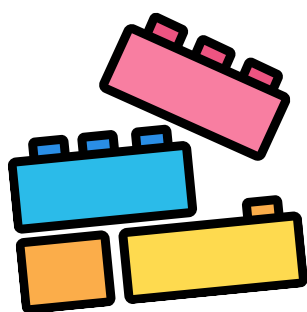




Starting and growing something new: A case study

with Rachel Jackson, Sherwood Exchange



Starting from scratch

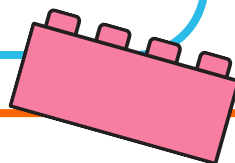
Working with NCVS has been instrumental to help the Sherwood Exchange grow to where it is now. Through meetings with Dave, I learnt about organisational structure and what things were important when looking to recruit and then keep volunteers. As I'd never established anything like this before, Dave was really helpful in keeping me calm and assuring me that I could make progress.

Growing a team

Since working with NCVS and opening on Saturday 6 of April 2024, the Sherwood Exchange has grown, and I have recruited and retained fourteen volunteers who work in the food exchange and seven volunteers who now sit on our committee, including a treasurer and vice chair and two volunteer coordinators.

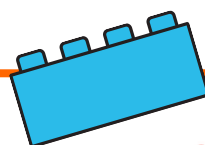


Starting a community group is lonely and bewildering, but with Dave's support, we made it through - and we've grown something special.



Looking to the future

We would not be here if it wasn't for NCVS, who took the time to listen to us and support us when nobody else would. It's such a lonely and bewildering place when you start out community groups. However, with Dave's support, we've grown our service and by the end of this year will be not only running a regular food exchange, but a wellbeing service and café and registering as a Community Interest Company.



[Get support for you group](#)

